



THE LUNCH BAG

Empowered, Educated Eating

DID YOU KNOW, your child's school now offers free Hot Meals to all students! These meals are provided by us here at The Lunch Bag. To avail of these hot meals and set your kid up for life, follow the instructions on the back of this flyer





VISIT
www.thelunchbag.ie
for entertaining
educational
videos!



WWW.THELUNCHBAG.IE

HOW DO I ORDER?

1. Once your child starts back school, we will send a letter home containing an activation code and instructions of how to log in through our app.
2. Once you receive your activation code, download 'The Lunch Bag' app
 GET IT ON Google Play  Download on the App Store
3. Your child is given a default order to begin. You can edit this order at any time up to 12 midnight, 2 nights before the lunches are to be delivered. Once this order is in place it is done for the year! You only need to change your order if you want to.

EASY TO USE APP



MENU SNEAK PEAK!

- Chicken & Chorizo Pasta
- Roast chicken
- Pasta Bolognese
- Chicken Curry
- Vegetable Fried Rice
- Chicken curry wrap
- Vegetarian Pizza
- Chicken & Broccoli Bake
- Tomato Ragu & Rice

(We like to hide the veg sometimes. They never know..)

We encourage educating kids about choosing to eat veg, while also pulsing & hiding veg!

WHY HOT FOOD?

- Good for Digestion
- Boosts Immunity
- Enhances Mood

Stress Free Mornings for Parents!

Not to mention...